



foundation for sustainable development
pro corps and short term volunteering

east africa

india

latin america



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FSD is a non-profit organization founded in 1995 to provide volunteer opportunities for professionals and students of all skill levels who are interested in supporting grassroots, international development. Our unique program offers a network of in-country support by which volun-

teers use their knowledge and resources to collaboratively make an impact on an underserved community, while being immersed in the heart of a foreign culture. Participants select from over 350 unique opportunities worldwide, to find the work that matches their skills and interests. No matter the opportunity selected, volunteering with FSD will give you insight into sustainable development and ensure that your work makes a lasting impact.

Volunteering is available in 7 development subjects in each of our program locations.



Development Subjects:

- Micro-Enterprise
- Environment
- Health
- Youth and Education
- Women's Empowerment
- Community Development
- Human Rights



www.fsdinternational.org

Choose your Program

Pro Corps Volunteering

4-52 weeks

For professionals with substantial work experience who typically volunteer as a consultant for their host organization. Access to FSD grants is given to 9+ week volunteers to fund project work.

Short Term Volunteering

1-8 weeks

For professionals and students with limited time and/or limited work experience. Geared primarily around supporting an organization's existing project work.

Program Structure for Pro Corps and Short Term Volunteering

Orientation and Support

The FSD Site Team will get you acclimated to your new surroundings and deliver a variety of activities and educational sessions to prepare you for the work ahead. Throughout your time abroad, the Site Team will provide in-country support that allows you to focus on helping your organization.

Accommodation

Typically, you will live individually with a host family to enhance immersion into the local language and culture, while providing a chance to form meaningful relationships with an extended family and community.

Host Organization

After orientation, the Site Team will introduce you to the host organization where you'll get familiar with the staff and their work. From here, you'll collaboratively develop your work plan with the organization and our Site Team.

Grant Funding

Once you've jointly prepared a workplan, you and the host organization will be provided a \$100 to \$200 seed grant to support its implementation. Pro Corps volunteers who stay for 9+ weeks can participate in our Grant Competition for additional project funding.

Development Training

FSD supports you with a series of trainings that enhance your understanding of sustainable development as it relates to the local culture. They include: learning the most pressing

development issues, processing cross-cultural differences with other volunteers during group sessions, and attending workshops that help you to:

- Critically observe your surroundings
- Perform an effective needs assessment
 - Build partnerships and gather key community members (community mapping)
 - Design and manage a cohesive work plan that reflects realistic and sustainable objectives
- Prepare a persuasive grant proposal for project funding
 - Facilitate sustainable project work



Photo by Vi Luan Tran-Luan

Program fees start at \$1,150 for 1 week. Programs are available all year round in each country and development subject area. See our website for details.

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A look inside...

Pro Corps is designed for experienced professionals to work as consultants for their host organizations. Based on your area of expertise, you will help improve organizational strategies, support program design and management, and/or increase organizational capacity. Your skills will be matched with the organization that provides the best opportunity for you to make a lasting impact.

Photo courtesy of Nathaniel Whittemore

Short Term volunteering provides an alternative to traveling, offering the opportunity to support an international organization while staying within a strict time schedule. Your work will integrate you into the organization's current projects and initiatives, while increasing your knowledge of local development issues and solutions. You will come away from the experience feeling like you received more than you could ever have given.

For more information, visit our website
or contact us directly:

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foundation for sustainable development
sustainable solutions for the developing world



FSD is a not-for-profit charitable organization with 501(c)(3) status. We are a non-endowed foundation and rely on the annual support of generous individuals, foundations, and corporations.

Cover photo courtesy of openshutterproject.org

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