



internships

east africa

india

latin america



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foundation for sustainable development

For 11 years, FSD has offered internships to students and young professionals looking to gain international development experience and training while making a significant impact on underserved communities abroad. Over the years, we've built partnerships with over 160 non-governmental organizations throughout Latin America, East Africa, and South Asia - offering you over 350 different internship opportunities.

Internships are available in 7 development subjects in each of our program locations.

Development Subjects:

- Micro-Enterprise
- Environment
- Health
- Youth and Education
- Women's Empowerment
- Community Development
- Human Rights



Internships are offered year round for 9 – 52 weeks, depending on your schedule and the breadth of experience you wish to attain. Our structured program consists of several components that provide you with the support and guidance needed to facilitate successful projects in a sustainable manner, thus ensuring that the work makes a lasting impact on you and the community you serve:

Program Structure

Host Organization

Your work setting will be a locally managed FSD host organization that fits your skills and interests. The first step will be to familiarize yourself with the staff to gain a full understanding of the resources, people, and projects currently in progress. Typically, you will be the only FSD intern placed with the organization to ensure immer-

sion during your work. From here you'll shape and initiate specific project work in collaboration with your organization and the FSD Site Team.

Orientation (one week)

You'll begin your internship with a group of 3-8 other participants. The FSD Site Team will help you acclimate to your new surroundings and deliver a variety of activities and educational sessions to

prepare you for the work ahead. Throughout your internship, the Site Team will be there to support you and ensure your safety.

Accommodation

You will live individually with host families for at least the first 8 weeks of the internship. These accommodations allow full immersion into the local language and culture, while providing a chance to form relationships with an extended family and community.



Program Highlights



Photo by Bartek Pogoda

Development Training

Throughout the internship, FSD supports you with a series of tools to maximize your project work and your understanding of sustainable development principles. Initially, you'll learn the most pressing issues and initiatives in the region. Regular group sessions and a midterm retreat will offer you the chance to process the internship and share insight to cross-cultural issues.

Additionally, speakers, readings, and resource materials will train you to:

- Critically observe your surroundings •
- Perform an effective needs assessment •
- Build partnerships and assemble key community members (community mapping) •
- Design and manage a cohesive work plan that reflects realistic and sustainable objectives •
- Prepare a persuasive grant proposal •
- Facilitate sustainable project work •
- Complete a sustainability plan that synthesizes your accomplishments and guides the organization and future interns on how to continue your work •

Grant Competition/Seed Grant

Once you've jointly prepared a work plan, you and the organization will be given a \$200 seed grant to support its implementation. If additional funds are integral to your project work, FSD offers a grant competition. To be involved,

you will participate in grant writing training and, subsequently, write a grant proposal to FSD for up to \$500. Grants are awarded to projects that best exemplify sustainable practices and approaches.



Photo by Bartek Pogoda

How to Get Involved!

1. Go to the FSD website – www.fsdinternational.org
2. Select a development subject
3. Choose a country or region of interest
4. Fill out an application
5. Review our Fundraising Kit to see how past participants paid for their internship

For more information, visit our website
or contact us directly:

www.fsdinternational.org

info@fsdinternational.org Phone/Fax: (415) 283-4873

Program Fees and Dates

Fees start at \$2,995 for 9 weeks. Programs are available year round in each country and development subject. See our website for the program start dates and fees that fit your needs.

